



Blue Courage

The Heart and Mind of the Guardian



Blue Courage Nebraska classes will be taught at the NLETC on the following dates:

January 23-24, 2018, April 10-11, 2018, July 10-11, 2018, and October 9-10, 2018.

Lead Instructor for this Course is Sheriff Jerry Watson. *Numerous other instructors will assist according to availability.*

Cost: \$120.00 per student.

(Each student will receive Blue courage materials as a part of this course. Value \$96.00.)

Class size: 16-30 Maximum.

To register please complete the following online registration form.

http://nletp.nebraska.gov/pdfs/Spec_Enr.pdf

Please remit payment previous to the first day of class, or send check with student. Make checks payable to: **Blue Courage Nebraska.**

Mail to: *Blue Courage Nebraska*
2604 Old Fair Road
Grand Island NE 68801.

Should you have any questions please contact Sheriff Watson at jerryw@hallcountyne.gov or at 308-379-2417.

What is Blue Courage?

Blue Courage is a transformational process that focuses on the human development of law enforcement professionals.

Few professions are more physically, mentally, and emotionally demanding than law enforcement. Blue Courage addresses personal challenges many officers face, such as cynicism, identity, judgment, integrity, leadership and stress management.



Topics to Be Covered:

- Foundations of Courage
- Police Culture
- Nobility of Policing
- Respect
- Resilience / Hope
- Positive Psychology
- Practical Wisdom
- Health & Wellness
- The Immortal Cop



Blue Courage is a nationally certified training, recognized by the International Association of Directors of Law Enforcement Standards and Training. This course may be eligible for your state's P.O.S.T. credit.

What Blue Courage Has to Offer

Today's law enforcement professionals are highly trained and highly skilled operationally. While skill training is essential, it is incomplete. The behaviors that tarnish police agencies and place officers at risk are rarely due to a lack of skills.

Through Blue Courage, participants will:

- Go beyond learning tactical and critical incident survival and ensure officers' readiness to both prevent and recover in the aftermath.
- Reignite a sense of passion, purpose and commitment to the nobility of policing.
- Awaken their moral compass and the courage to do what is right.
- Improve decision-making skills under pressure.
- Understand how to build relationships and trust with the community.
- Develop an organizational culture of learning, critical thinking, tolerance, and curiosity.

