

Human Factors: Surviving & Thriving in LE



December 5, 2017 | 8 a.m. - 4 p.m. | \$127.

Omaha Police Training Center
11616 Rainwood Road, Omaha, NE 68142

Who should attend:

Line officers, trainers, supervisors and administrators. This material is critical for supervisors and administrators as it helps shape realistic expectations with regard to officer performance in high-risk and high-liability situations, as well as training requirements for high-risk skills.

Description:

Situations of high stress in which the 'fight-or-flight response' is initiated can impact an officer's perceptions, misperceptions and decision-making abilities. Using research-based, scientifically validated information coupled with case studies of contemporary real-world threats, critical incidents and experiences, we explore the specific effects of the body's fight-or-flight response, the effects of that response on our ability to perform and how the limitations of human observation and perception can negatively impact our readiness.

Topics covered include:

- Law enforcement performance expectations- fact v. fiction
- Development of a personal culture of officer safety and maximizing learning potential
- Threat assessment; contemporary dangers to LEOs
- Stress physiology
- The brain and its role in survival performance
- The autonomic nervous system; its branches and functions
- Recall and memory considerations in critical incidents
- Observation and perception and human limitations; improving awareness
- Reaction time; action v. reaction
- How to prime the central nervous system for performance
- Mindset and prevailing in survival-stress situations

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Instructor:

John Bennett is an accomplished 27-year veteran police officer and patrol lieutenant from Charleston, IL; and the president of John Bennett Training & Consulting, Inc. A member of the International Law Enforcement Educators and Trainers Association and consultant with The Virtus Group, John has trained officers both in and outside his agency for more than 25 years; both nationally and abroad. John continues to teach and learn in the field with the primary emphasis on use of force, officer-safety, risk management, leadership and a philosophy of proactive police service, individual readiness and professionalism.

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